



SPINE SOCIETY Belgium
SSBe

ID SPINE 2024

Enhancing Recovery After Spinal Surgery

Teamwork Makes the Dream Work

PRELIMINARY PROGRAMME

Saturday, January 20th
BMCC Bruges



www.spinesociety.be

Faculty

Nadine Attal MD, PhD *CHU Ambroise Paré Boulogne-Billancourt, France*
Robin Demesmaeker Ir, PhD *Neurorestore Lausanne, Suisse*
Bart Depreitere MD, PhD *UZ Leuven, Belgium*
Jan Goffin MD, PhD *UZ Leuven, Belgium*
Carlotte Kiekens MD *Ospedale San Giuseppe IRCCS Milano, Italy*
Lieven Moke MD, PhD *UZ Leuven, Belgium*
Stefaan Nijs MD, PhD *UMC Utrecht, The Netherlands*
Marios Papadopoulos MD, PhD *St. George's Hospital London, United Kingdom*
Klaus Schnake MD *Malteser Waldkrankenhaus St Marien, Germany*
Evi Steen MD *AZ Sint Jan Bruges, Belgium*
Annick Viaene MD, PhD *UZ Gent, Belgium*

Congress Chairmen

Davy Hoste MD *AZ Sint Lucas Bruges, Belgium*
Patrick Van Schaeybroeck MD *AZ Imelda Bonheiden, Belgium*

Organising Committee/SSBe Board

Sarah Bethlen, Michaël Bruneau, Emmanuel Costa, Bart Depreitere, Sabri El Banna, Virginie Fraselle, Everard Munting, Davy Hoste, Virginie Nguyen, Diederik Peuskens, Henri Benjamin Pouleau, Gaëtane Stassijns, Serge Troussel, Johan Van Lerbeirghe Patrick Van Schaeybroeck, Peter Van Wambeke, Dominique Verhulst

Dear colleagues,
Dear physiotherapists,
Dear co-workers,
Dear friends,

As president of the Spine Society of Belgium, I welcome you all in my hometown Bruges, the Venice of the North, for our second Interdisciplinary Spine Symposium.

Since both the interdisciplinary approach to spinal pathology *and* the organisation of training and education for medics and paramedics involved in spinal pathology are two important cornerstones in the functioning of the SSBe, we hope to make this ID Spine Symposium a tradition for years to come.

On January 20th 2024, with the publication of the new Royal Decree on multi-disciplinary spine centres, the interdisciplinary approach to spinal pathology took real anchorage in our day-to-day practices.

It is therefore the strong and sincere wish of the SSBe to continue representing the interests of our members and, by extension, all health professionals active in spinal pathology towards the official authorities in Belgium such as the RIZIV/INAMI. In fact, a third important cornerstone in the functioning of the SSBe.

The topic of today's symposium is '**Teamwork makes the dream work**'. We were able to put together a programme with national and international experts on the treatment of spinal traumata in all its facets. Given the sometimes devastating physical, psychological and social impact on our patients with spinal cord injury, this is an excellent topic to highlight the added value of the interdisciplinary approach.

I wish you all a pleasant day here in the brand-new BMCC in Bruges.

Kind regards,
Davy Hoste
President of the SSBe

Enhancing recovery after spinal surgery:

08.00 Registration and welcome coffee

08.50 **Welcome**

Davy Hoste, President SSB

Session 1: Preoperative phase

Moderators: Patrick Van Schaeybroeck & Virginie Frassel

09.00 **Communication and self management in low back pain patients**

Lisa Roberts, PhD, Physiotherapist, Southampton, UK

09.20 **Frailty index in preop evaluation**

Speaker to be confirmed

09.40 **3D spinal deformity care**

Lieven Moke, MD, PhD, Leuven, Belgium

10.00 **Q&A**

10.10 **Coffee break and visit of the exhibition**

Session 2: Peroperative phase

Moderators: Everard Munting & Diederik Peuskens

10.40 **Spinal surgery in day care: Feasible?**

Bart Depreitere MD, PhD, Leuven, Belgium

11.00 **Patient matched templates in spine surgery: Revolution?**

Geert Mahieu, MD, Antwerpen, Belgium

11.20 **Robotics in spinal surgery: Revolution?**

Bert Kegelaers, MD, Lier, Belgium

11.40 **Full endoscopic spine surgery: Revolution?**

Christoph Siepe, MD, PhD, München, Germany

12.00 **Q&A**

12.10 **Lunch and visit of the exhibition**

Teamwork makes the dream work

Session 3: Postoperative phase

Moderators: Jan Degrande & Johan Van Leirberghe

13.10 **Early postop rehabilitation after spinal surgery**

Pierre Côté, DC, PhD, Ontario Tech University, Canada

13.30 **Practical guidelines in revalidation after spinal surgery**

Ann Spriet, physiotherapist, Leuven, Belgium

13.50 **Intensive postop revalidation and follow-up after spinal surgery/
REACT project**

Liedewij Bogaert, MD, PhD, Leuven, Belgium

14.10 **Postop return to work after spinal surgery**

Lode Godderis, MD, PhD, Leuven, Belgium

14.30 **Q&A**

14.40 **Conclusion and farewell**

Davy Hoste, President SSB

Registration

Category	As of 16 September
Member SSB	€ 50,00
Resident (ASO/ HAIO)	€ 50,00
General Practitioner	€ 50,00
Physiotherapist	€ 50,00
Non-Member*	€ 150,00

*automatically includes SSB membership for 2024

The registration includes:

- Participation in all scientific sessions
- Programme and congress related documents (certificate of attendance, badge,..)
- Coffee and lunch as indicated in the programme

Payment

Onsite payments can be made in cash or by credit card.

Cancellation Policy

Participants cancelling their registration before 5 January 2024 receive a full refund, less 50% administration costs. There will be no refunds for cancellations received after this date.

Cancellations must be confirmed in writing to the Secretariat.

General Information

Venue

Beursplein 1, 8000 Brugge

<https://bmcbruges.com>

The Auditorium and the registration desk are located on the 1st floor.
The exhibition and coffee and lunch breaks take place on the 4th floor.

Language

The Symposium language is English.

Accreditation and Certificate of Attendance

The INAMI/RIZIV accredited the 2nd ID Spine Symposium with 4 CPs.

Pro-Q-Kine accredited the Symposium with 9 points.

Participants are asked to sign the attendance list on arrival. They will receive a Certificate of Attendance by email at the end of the Symposium.

WiFi

Free Wifi is offered to all participants and exhibitors.

Network: BMCC public

You can log in with first name, name, email address or with Facebook or Google account.

Liability

Neither the local organizers, SSB nor Medicongress accept liability for damages and/or losses of any kind which may be incurred by participants or exhibitors during the Symposium.

Participants and exhibitors are advised to take out insurance against loss, accidents or damage which could be incurred during the Symposium.

Silver sponsors



Exhibitors

Axon

Baxter

De Voetzaak

DePuy Synthes

Endoscopie Richard Wolf Belgium

House of Feet

Medacta

Medtronic Belgium

NuVasive Netherlands BV

Orthopedie De Rijcker BV

Surgalign

Tilman

Zeiss

ZimVie

Supporter

V!go

